

Darnhall Primary School
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Dear Parents and Carers,

We shall be working with our Y1 to Y6 pupils next term to deliver our 'Growing and Changing' curriculum as part of the Personal, Social and Health Education Programme, recommended by the National Curriculum and the Local Authority. We will be using the Christopher Winter Project materials.

Each class will receive three lessons taught by staff working collaboratively across all age ranges. These lessons will focus on aspects of Sex and Relationships Education featured in the Government Education Department's guidance document which is designed to be appropriate for each age group.

The main topics we shall be covering for these year groups are as follows:

Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Growing and Caring for Ourselves	Differences	Valuing Difference & Keeping Safe	Growing Up	Puberty	Puberty and Reproduction
Lesson 1	Lesson 1	Lesson 1	Lesson 1	Lesson 1	Lesson 1
Keeping Clean	Differences: Boys and Girls	Differences Male and Female	Growing and Changing	Talking about Puberty	Puberty and Reproduction
Lesson 2	Lesson 2	Lesson 2	Lesson 2	Lesson 2	Lesson 2
Growing and Changing	Differences: Male and Female	Personal Space	Body Changes & Reproduction	Male and Female Changes	Relationships and Reproduction
Lesson 3	Lesson 3	Lesson 3	Lesson 3	Lesson 3	Lesson 3
Families and Care	Naming the body parts	Family Differences	What is Puberty?	Puberty and Hygiene	Conception and Pregnancy



If you would like to see any of the lesson plans, materials, to discuss the project, or if you have any questions or queries please contact your child's class teacher.

Yours sincerely

Mrs Chappell

SRE co-ordinator

