The Role of ‘Well-Being Worker’

The main purpose of a Wellbeing Worker is to work with children and school staff, focussing on emerging and developing mental health needs.

**A ‘Wellbeing Worker’ needs to be:**

* A kind and caring person
* A good listener
* Approachable

**A ‘Well-Being Worker’ needs the skills to:**

* Offer advice to others
* Ask for help from an adult when additional support is needed
* Needs to be productive, planning assemblies and competitions to inform children about what help is available
* Needs to have a display in school with useful information

Above all, a ‘Well-Being Worker’ needs to be committed and passionate about their role in school.

*Written by The WEP Pupil Forum Oct 2019*

